

FIRST REHAB LIFE[®]

Member Material

Plan B - Valley Stream Teachers Welfare Fund Policy# XGNY 1065

EXCESS MAJOR MEDICAL

for school districts, municipalities and subdivisions that participate in the Empire Plan or an approved similar plan

out-of-network coinsurance benefit

vision care benefits

in-hospital **private duty nursing**

out-of-network outpatient rehabilitation

nursing home benefit

in-hospital benefit for employees only

AD&D benefit for employees only



THE FIRST REHABILITATION LIFE INSURANCE COMPANY OF AMERICA

A.M. Best Rating  A- (excellent)

Out-of-Network Coinsurance Benefit

Coinsurance for out-of-network psychiatric expenses is **included** in this benefit.

Your approved plan typically pays 80% of allowed expenses for out-of-network services for you and your covered dependents, after satisfying your deductible. You will be responsible for coinsurance of 20%. You must reach or exceed \$1,625 in covered expenses to begin receiving reimbursement for your 20% coinsurance. Should you reach or exceed \$8,250 in covered expenses within a calendar year, you will be reimbursed a maximum of \$1,325.

Examples:

Amount charged by provider	Amount allowed (by approved plan)	Your deductible	Balance allowed (by approved plan)	Amount paid by approved plan (80% of balance allowed)	Your balance (20% coinsurance of balance allowed plus other out-of-pocket)	This benefit pays
\$200	\$200	\$0	\$200	\$160	\$40	\$0
\$3,500	\$3,500	\$1,000	\$2,500	\$2,000	\$500	\$500
\$9,250	\$9,250	\$1,000	\$8,250	\$6,600	\$1,325	\$1,325

In-hospital Private Duty Nursing Benefit

This benefit provides 50% of the Reasonable & Customary (R&C) Charge for a total of 48 hours of private duty nursing while hospitalized.

Out-of-Network Outpatient Rehabilitation Benefit

To qualify for this benefit, you must meet the following criteria:

1. You must have been hospitalized on an inpatient basis; and
2. then transferred to a comprehensive outpatient Rehabilitation Center (regular physical therapy offices do not qualify for this benefit).

Specific areas of outpatient rehabilitation services include: Occupational therapy, physical therapy, speech therapy, inhalation therapy, psycho-diagnostic evaluation (excluding treatment), coordination of medical services (Medical Social Services), audiological evaluation, and loan of rehabilitation equipment by the Rehabilitation Center's physician.

PLEASE NOTE:

If your rehabilitation service does not meet both criteria, this excess policy still pays based on the out-of-network coinsurance reimbursement benefit (see left for details).

Your approved plan typically pays 50% of the amount allowed for these services. If you meet the above criteria, this benefit pays the remaining percentage on a dollar-for-dollar basis for as long as your approved plan honors your treatment.

Reasonable & Customary (R&C) Reimbursement for Out-of-Network Surgical Procedures



This benefit applies to inpatient and outpatient surgical procedures that are performed by an out-of-network physician, have an assigned surgical code from your approved plan, and are declined by your approved plan due to reasonable/customary reasons only. We reimburse the R&C charge for those procedures up to our listed R&C maximums.

PLEASE NOTE:

We require a surgical report with an itemized bill and procedure codes; this benefit does not apply to procedures that are cosmetic or not medically necessary.

Helpful Definitions

Co-payment: This is a set amount you get charged for in-network services.

Coinsurance: This is a percentage of the allowed balance you have to pay for out-of-network services.

Out-of-network Reasonable & Customary (R&C) Charge: R&C is short for Reasonable and Customary Charge. It is the lowest of:

1. the amount charged by the provider;
2. the usual charge by the provider for the same or similar services; or
3. the usual charge by other providers in the same geographic area for the same or similar services.

To qualify for this benefit, you must meet the following criteria:
 1. You must have been hospitalized for at least 3 days and
 2. then transferred to a nursing home (assisted living facilities or rehab facilities do not qualify for this benefit)

Currently, if you are qualified for Medicare, up to 102 days of nursing home care are paid for. If your approved plan has a nursing home benefit, it will kick in on day 103, after Medicare has been exhausted, and may typically run for 30, 60, or 90 days.

Once your approved plan's benefit duration is exhausted, this excess policy pays for up to 30 additional days on a dollar-for-dollar basis. This benefit does not pay during the period of time that your approved plan pays, regardless of benefit level provided by your approved plan.

Nursing Home Benefit

PLEASE NOTE:

If your approved plan does not have a nursing home component, you do not qualify for the 30-day benefit under this excess policy.

You are eligible for the following Vision Care benefits every year:

Procedure:

Reimbursement Amount:

▶ complete pair of eyeglasses (including eye examination) with frame and single vision lenses	\$90.00
▶ complete pair of eyeglasses (including eye examination) with bifocal lenses and frame	\$110.00
▶ complete pair of eyeglasses (including eye examination) with trifocal lenses and frame	\$120.00
▶ contact lenses, including examination and fitting	\$125.00
▶ contact lens examination and fitting only	\$65.00
▶ tint where medically indicated – add	\$7.50
▶ unusually heavy or postoperative lenses at prescription prices not to exceed American Optical Price List. Individual pays amount in excess of insurance company payments, which are limited to	\$75.00
▶ eye examination where no glasses are needed or no change in prescription is indicated	\$28.00
▶ lenses only where individual supplies frame (not including examination)	
▶ single vision	\$26.00
▶ bifocal	\$40.00
▶ trifocal	\$52.00
▶ contacts (not including examination and/or fitting fee)	\$60.00
▶ frame only	\$27.00
▶ subnormal vision care (where acuity cannot be corrected to a 20/70 standard by use of corrective lenses)	80%/\$375*

*80% of the eligible expenses incurred up to a maximum of \$375 per covered person in each policy year.

Vision Care Benefit



Hospital Cash Benefit for covered Employees only

This benefit provides **\$50 cash benefit per 24-hour period** if you are continuously confined to a hospital and under the care of a doctor. The maximum duration is 26 weeks per calendar year. You must be in the medical/surgical unit of a hospital (rehab, nursing, or other units of a hospital don't qualify for this benefit).

Accidental Death & Dismemberment Benefit for covered Employees only

This benefit pays **\$15,000 in the event of accidental death** to your beneficiaries. Accidental dismemberments are covered based on the following benefit schedule:

Both hands or both feet or sight of both eyes	\$15,000
One hand or one foot or sight in one eye	\$15,000
One hand or one foot	\$7,500
Sight in one eye	\$7,500

Special Employee-only Benefits

Exclusions, Limitations & Conditions

YOUR PLAN COORDINATOR IS:

J.J. Stanis & Company, Inc.
377 Oak Street – Suite 406
Garden City, NY 11530
Phone 877-470-3715
www.jjstanisco.com

The following co-payments are not covered under this excess policy: copayment for Empire participating providers, copayment for Blue Cross hospital outpatient care, copayment for outpatient care incurred with a network provider, copayment for prescription drug program. This policy provides limited health insurance benefits. It does not provide basic hospital, basic medical or major medical insurance as defined by the New York State Insurance Department. Any expenses not covered by the underlying Empire Plan (or approved similar plan) are not covered under this excess policy.

Please note: The \$1,000,000 annual excess major medical expense benefit is still included in this policy. However, due to legislative changes to the insurance market, your approved plan limits have been removed, thus making this benefit no longer applicable.

Excess Coverage: The policy pays benefits only after all benefits have been paid from any other group health insurance policies in effect for the covered person and provided by the policyholder. This policy does not cover any expense unless it is also eligible for coverage under any other group health insurance policy in effect for the covered person and provided by the policyholder. All benefits available from underlying policies must be exhausted before coverage is available under this policy. No covered expense will be paid if it may also be paid by any other group health insurance policy in effect for the covered person and provided by the policyholder.

This insurance does not cover the following expenses: 1. treatment by other than a doctor or when not under the care of a doctor; charges by a hospital if confinement is not recommended and approved by a doctor | 2. treatment of injury or sickness for which compensation is provided under any Workers' Compensation Law or Act, mandatory automobile no-fault insurance, or Medicare | 3. services for which benefits are paid or will be paid under any health care program supported in whole or in part by funds of the federal government or any state or political subdivision; services provided in a government owned or operated facility or other locations where care is provided at government expense, unless the covered person is required to pay for such treatment or service in the absence of insurance | 4. dental care, treatment or x-ray except for treatment by a doctor, dentist, or dental surgeon (DDS) within twelve (12) consecutive months following an injury to a jaw or sound natural teeth and except for dental care or treatment necessary due to congenital disease or anomaly | 5. eye refractions, eyeglasses or contact lenses unless otherwise covered; hearing aids or the fitting of such devices | 6. cosmetic surgery. Reconstructive surgery and/or prostheses to correct congenital abnormalities or following medically necessary surgery is not considered cosmetic surgery | 7. care provided to a covered person in a skilled nursing (extended care) facility, unless otherwise covered. A skilled nursing (extended care) facility means an institution or a distinct part thereof that: a. is licensed pursuant to federal, state and local laws; b. is operated mainly for the purpose of providing skilled nursing care to persons recovering from an injury or sickness that required hospital confinement for at least 3 consecutive days; c. is a participating skilled nursing facility of Medicare; d. provides medical care and 24-hour nursing care under the constant supervision of a doctor or RN; e. maintains daily clinical records for each patient and has a doctor available or on call; f. provides suitable methods for dispensing and administering drugs and medicine; g. has transfer arrangements with one or more hospitals and a utilization review plan in effect; and h. has operational policies developed with the advice of, and reviewed by, a professional group including at least one doctor. Skilled nursing (extended care) facility does not include a facility that is, other than incidentally: a. a home for the aged; or b. a place for the treatment of substance abuse or alcoholism | 8. charges in excess of reasonable and customary charges for the diagnosis or treatment of illness or injury; or any other charges which are in excess of reasonable and customary charges | 9. services rendered by a member of the treated person's immediate family | 10. charges resulting from intentionally self-inflicted injury | 11. any service or treatment for which payment is not legally required | 12. treatment for disease, defect, injury or loss caused by war or act of war, declared or not; or by a war-like act in time of peace | 13. treatment of injury or sickness suffered by a covered person while on duty with any military, naval, or air force of any country or international organization | 14. treatment for which any law of the jurisdiction in which the covered person resides prohibits payment | 15. co-payments for the following network options, if underlying primary major medical coverage includes a network: a. treatment by participating providers; b. in-patient or out-patient care in a network hospital; c. out-patient psychiatric care incurred through treatment by a network participating provider; or d. participation in a prescription drug program | 16. with the exception of Rehabilitation Benefits, Section II, Covered Expenses, expenses not eligible for coverage under all underlying insurance then in force for the covered person through the policyholder.

The information in this material is for **existing policyholders and certificate holders (members/covered individuals) only**. It is for illustrative purposes only, providing a general overview of featured benefit highlights provided under the policy. It is not a contract. In the event of conflicting information with the policy, the policy will take precedence over what is shown in this material. Not available in all jurisdictions. All coverage extends up to policy limits. Policies are reviewed annually and may be cancelled for nonpayment. Please refer to the policy for coverage details, a complete listing of covered services, policy provisions, conditions, exclusions, and terms under which the policy may be continued or cancelled. In the event of conflicting information with the policy, the policy will take precedence over what is shown in this material. Every policyholder must cover all eligible full-time employees with a minimum of 50 covered employees at all times. Mktg# XM-B4-NY- PB1065-ER/EE- Guide- G2b 1/12custom | Policy Form# XGMMP-NY 01/01, XGMM-B-NY

FIRST REHAB LIFE (THE FIRST REHABILITATION LIFE INSURANCE COMPANY OF AMERICA)
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